

Testosterone Gel Application Instructions

Apply the testosterone gel at the same time each day (preferably in the morning) to clean, dry, unbroken skin on the shoulders or upper arms. Open the gel pouch, and squeeze the entire contents onto the palm of your hand. Apply the gel right away and allow it to dry for at least 5 minutes before you dress. Wash your hands with soap and water after applying the gel. Avoid swimming, bathing, or showering for at least 6 hours after applying testosterone gel.

Do not apply testosterone gel to your penis or your scrotum. The Testim brand of testosterone gel should also not be applied to your stomach area.

It is best to cover treated skin areas with clothing while using testosterone gel. This will help prevent getting this medicine on other people. If someone else does come into contact with a treated skin area, they must wash the contact area right away with soap and water. Topical testosterone is absorbed through the skin and can cause side effects or symptoms of male features in a child or woman who comes into contact with the medication.

Use testosterone topical regularly to get the most benefit. Get your prescription refilled before you run out of medicine completely.

Store at room temperature away from moisture and heat. Keep each skin patch in the foil pouch until you are ready to use it. Do not use a skin patch that has been cut or damaged.

Stop using testosterone topical and call your doctor at once if you have any of these serious side effects:

- burn-like blistering of the skin where the transdermal patch is worn;
 - skin irritation with patch-wearing that does not get better with time;
 - problems with urination;
 - swelling of your ankles;
 - frequent, prolonged, or bothersome erections; or
- nausea, stomach pain, low fever, loss of appetite, dark urine, clay-colored stools, jaundice (yellowing of the skin or eyes)